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NETA's The Fitness Professional's Manual, 4th edition (2014) is an excellent resource to help prepare for the exam. In addition to studying the Manual, NETA also recommends completion of The Fitness Professional's Workbook for Personal Trainers, which includes a 50-question Personal Trainer Practice Exam. Hardcopy Version The Fitness Professional's Manual is NETA's most comprehensive resource for candidates preparing to earn certification as a Group Exercise Instructor or Personal Trainer. The updated fifth edition includes 27 chapters and over 380 pages covering topics including communication skills, theories of behavior change, exercise science, nutrition and weight management ...If you are searching for a book 2011 neta fitness professional manual in pdf format, in that case you come on to right website. We present the full variation of this book in DjVu, doc, txt, ePub, PDF forms. Title: Download Free: Used Neta Fitness Professional Manual 2011 PDF 2019 at ERANET.CO.ZA Author: ERANET.CO.ZA Subject: Download Free: Used Neta Fitness Professional Manual 2011 [FREE] Used Neta Fitness Professional Manual 2011 PDF [BOOK] is the best ebook you want.