

Download Pre Employment Physical

1. Age at time of test. 2. THE PUSH-UP TEST PROTOCOL (Male and Female) (Maximum number performed within 1 minute without stopping): Participant begins the push-up by assuming the front-leaning rest position with hands placed just outside the straight line down from the shoulders. If your company uses pre-employment physical stress tests for job applicants that result in the rejection of female applicants, you could be in a world of hurt if the Equal Employment Opportunity Commission (EEOC) finds out. That's what happened to Hirschbach Motor Lines, which used a pre ... This Pre-employment Fitness Test-1 Physical Readiness Program provides you with a six-week standardized training program designed to help you successfully pass the CBP Officer PFT-1. This Pre-employment Fitness Test-1 Physical Readiness Program provides you with a six-week standardized training program designed to help you successfully pass the Border Patrol Agent