

Download Sweets In The Raw Naturally Healthy Desserts

Sweets in the Raw: Naturally Healthy Desserts delivers 46 brand-new recipes designed to satisfy the most intense sweet tooth, minus the refined sugar, dairy, and grains. These carefully crafted recipes, including Apple Crumb, Chocolate Fudge, Strawberry Ice Cream, Mini Black Forest Cake Bites and Espresso Truffles, have endured rigorous taste-testing by a wide audience before being brought to you! Sweets in the Raw: Naturally Healthy Desserts delivers 46 brand-new recipes designed to satisfy the most intense sweet tooth, minus the refined sugar, dairy, and grains. These carefully crafted recipes, including Apple Crumb, Chocolate Fudge, Strawberry Ice Cream, Mini Black Forest Cake Bites and Espresso Truffles, have endured rigorous taste-testing by a wide audience before being brought to you! Sweets in the Raw: Naturally Healthy Desserts delivers 46 fresh, never-been-used recipes designed to satisfy the most intense sweet tooth, minus the refined sugar, dairy, and grains. These carefully crafted recipes, including Mini Black Forest Cake Bites, Apple Crumb, Espresso Truffles, Strawberry Ice Cream, and Chocolate Fudge, have endured rigorous taste-testing by a wide audience before being brought to you! Now I own a fitness studio in San Diego, CA! What started as a love of baking and a passion for health and fitness turned into a personal challenge - to merge my love for making sweet treats and living a Naturally Healthy Lifestyle into one world. MY DESSERTS ARE ALWAYS: Dairy-Free, Gluten-Free, Refined Sugar-Free, Soy-Free and Plant Based.