

Download The Dr Gourmet Diet Plan For Coumadin Users

Your free source for healthy, Coumadin (warfarin) safe recipes from Dr. Gourmet. Diet plans, nutrition information including vitamin K, and what you need to know to eat healthy while on Coumadin (warfarin). Here is a handy list of the amounts of Vitamin K in the indicated servings of common vegetables. Vitamin K measurements are for the edible portion and measured before cooking. Remember that consistency is key in your daily amount of Vitamin K so that your INR and your dosage of Coumadin (warfarin) can remain stable.. The current Recommended Daily Allowance of Vitamin K is 70-80 micrograms per day. Control# Recd Date Requester Subject 2017-10000 11/27/2017 Research Delta Advisors SUN PHARMA, BASKA, INDIA - 483 10/01/2017 - 11/22/2017 2017-10001 UNIGEN????????? ??? ? ??????? ?? ????????? ? ??????? ?? ??????????? ? ? ??????? ? ??????. ?????????? ?????? ??? ? ???????, ?????????? ?? ?????????? ??????? ? 10-?????? ???????, ?????? ??????, ?????????, ?????????? ...